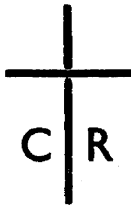


25 / March 61

LIVERPOOL CATHOLIC
RAMBLERS ASSOCIATION



LIVERPOOL

NEWS LETTER

Socials 8-0 p.m. each Wednesday

at

Cathedral Buildings

Brownlow Hill

Liverpool 3

ISSUE No. 25 (Third Series)

(Interim Edition)
March, 1966.

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Editor: Mr. G. Penlington, 43 Alexandra Drive,
Bootle.20.Lancs.

B O N K ! - B O N K ! B O N K - B O N K !

No, someone's not gone bonkers! That's the sound one hears near tennis courts and brings to mind pleasant summer evenings clustered with friends outside a tennis pavilion.

It means friendly tennis tournaments, entertaining visiting teams, informal socials after vigorous, competitive afternoons.

There's also the tennis itself, of course! If you play already you need no introduction to a wonderful sport. If you have never played we invite you to learn on our courts, and you've a treat in store.

The season's due to start at Easter and lasts until October/November, some 6 or 7 months. At last season's membership fee of 51/- that's about 1/9d. a week or 3d. a day! You won't get a game in the parks for that - you won't get five minutes! Nor would you be with so many friends and have a pavilion's amenities and refreshments available to you until it closes.

Tennis for its existence doesn't just rely on financial help, it needs mutual mucking-in, mostly before the season opens, MOSTLY FROM THE MEN!

Why not come along for a look at the courts. They are at Lance Grove (behind the Abbey cinema) and well served with public transport. Roll along whether you

play or not, whether you are joining or not. We won't qualify your help, but will welcome it! You are certain to enjoy yourself, whether working on the courts, nets, wire, painting etc.etc. I can do no more to convince you - the rest you must do yourself!

AT LEAST GIVE IT A TRY. YOU CAN ONLY GAIN BY THE VENTURE - IN HEALTH AND IN EXPERIENCE!

'Editor'

NEWS LETTER COMPETITION

The News Letter Committee is organizing a competition to mark the opening of the new Metropolitan Cathedral. Prizes are to be awarded for the best write-ups or articles published in the News Letter in the course of the next twelve months and details are set out below:

Eligibility: The Competition is open to all members of the Association.

Subject: At the discretion of the members, subject to the approval of the News Letter Committee.

Period of the Competition Commencing with all material submitted to the Easter edition and all subsequent editions culminating with the 1967 Easter edition.

Prizes:

First Prize:	3 gns.
Second "	2 gns.
Third "	1 gn.

Judges: To be appointed later.

SOCI L PROGRAMME

<u>Date:</u>	<u>Place:</u>	<u>Meet:</u>	<u>Time:</u>	<u>Cost:</u>
Mar 2nd	Barn Dance	Club Rooms	8-30	2/6d.
" 8th Tues.	Favourite Operas Bernard Duffey	Committee Room	8.00	1/-
" 9th Wed.	British Railways Films	Club Rooms	8.30	2/-
" 12th Sat	Visit to Anglican Cathedral	Main Entrance	3.30	
" 18th/ 19th	Coniston Weekend	Cathedral Buildings.	6.15	65/-
" 22nd Tues.	Popular Classics George Clayton	Committee Room	8.00	1/-
" 23rd Wed.	Scottish Dancing	Club Rooms	8.30	2/6d.
" 29th Tues.	Music from the shows.	Committee Room Keith Scott.	8.00	1/-
" 30th Wed.	Barn Dance	Club Rooms	8.30	2/6d.

N.B. There will not be a Barn Dance the first Wednesday in April, but there will be one on March 30th instead.

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<u>Date:</u>	<u>Destination:</u>	<u>Leader:</u>	<u>Departure:</u>	<u>Cost:</u>
Mar 6th	X Bolton Abbey	Hugh Molloy	10.05 St. John's Ln.	12/-
13th	Hawarden	Joe Kelly	10.50 Pier Head	
19-20th	Lake District Weekend	- Cathedral Buildings	- 6-15	65/-
27th	Dimple	Terry O'Connor	10.05 Exchange Station.	6/9
Apl 3rd	X Cader Idris	a) Chris Scott	10.05	
		b) Keith Scott	St. John's Lne.	11/9d,

The first Wednesday in the month there will be a Barn Dance in the club rooms.

The second Wednesday in the month the Rosary will be recited.

X Coach Trips. Names to be given three weeks beforehand and all bookings render members liable to the full cost.

Loggerhead, January 9th, 1966.

At 10-30 a.m. on Sunday morning, our merry little band met in St. John's lane, one intrepid member even managing to turn out in spite of the fact that a rabbit had eaten her boots. We set off full of enthusiasm (and cold), and having dined in state on the bus we began walking from Loggerheads to Cilcain.

We started off at a pleasant strolling pace but gradually the realisation dawned that if something drastic did not happen we would not get to Bilcain in time for a drink. Something drastic did happen. Amazed onlookers were treated to the unusual sight of seeing our party racing over hill and dale in the direction of Cilcain, the leaders seemingly irresistibly drawn towards the nearest drink, like Beatles to a jellybaby, or was it the pickled eggs which attracted them?

Having gathered fresh strength we set off again at a more leisurely pace, staying to look round Cilcain church at the request of the more pious members of our congregation. Several rousing sermons later we once more sallied forth. We walked along the foot of Moel Fammeau, ploughing doggedly through the mud which lay in wait for us, cunningly disguised as a footpath. Arriving back of the river which runs in Loggerhead our more energetic members urged on by our gallant leader, scrambled up to the cat-walk, while the rest followed the river back into Loggerheads.

When we arrived back at the bus station we discovered that a slight flaw in our plans left us with nearly two hours to wait before the bus was due. Cowering behind the bus shelter which was paradoxically locked up to prevent anybody from taking shelter in it, we decided that we had better find some means of warming ourselves up in case our chattering teeth and convulsive shivers should arouse the Welsh Nationalists. We therefore played The Farmers In His Den and Ring a Ring of Roses and engaged in other such high-brow pursuits until the bus arrived, cheered on by the survivors.

The History of Catholicism in Liverpool: Some
Interesting Books and Articles.

The history of the Church in Lancashire after the Reformation is a very interesting subject and one to which several authors have turned their hands. The Faith has always been very strong in Lancashire, especially in the areas in and around Preston, and, to a lesser extent, in Liverpool. It is a significant fact that the abortive protest against Henry VIII's heresy - the Pilgrimage of Grace - was led from the North of England.

The subject of Northern Catholicism is really too detailed for a small newsletter like ours (I had intended to write several articles on it, but find that such a task would take years to fulfil) so I have taken the easy way out by recommending the titles of some books on the subject for those who are interested:-

BLUNDELL, F.O., O.S.B. Old Catholic Lancashire.
3 vols. 1925-1941.

BURKE, T. Catholic history of Liverpool
1911.

GILLow, J. The Haydock papers: a glimpse
into English Catholic life under the shade
of persecution and in the dawn of freedom.
1888.

HUGHES, J. Concise Catholic history of
Liverpool. (1925.)

MYERSCOUGH, J.A. Procession of Lancashire
martyrs and confessors. 1958.

STONOR, R.J. Liverpool's hidden story. 1957.

The more recently published works, i.e. those by Myerscough and Stonor are still in print and can be obtained from Catholic book-shops; the other titles are out of print but should be available from a public library.

The book by the late Fr. Stonor, S.J. was published in 1957 to celebrate the 750th anniversary of the

granting of Liverpool's first charter by King John. Although a deceptively slim volume it contains an amazing amount of interesting knowledge, i.e. did you know that Blessed Ambrose Barlow, when fleeing from capture hid in Tuebrook House, the little cottage in Mill Lane, Tuebrook?

The other most interesting work is that by Dom Blundell, who was a very learned man, well versed in Local History. The three volumes of 'Old Catholic Lancashire' are most interesting and rewarding to read. Vol.2 deals with Catholicism in Liverpool.

Many articles of great interest will be found in the files of the 'Cathedral record' (1931-1961), the distinguished predecessor of the 'Catholic Pictorial'. I give below the titles, dates etc. of some of these articles.

- BENNETT, Canon J. Catholicism in Liverpool.
Vol.27, 1957, pp 237-240.
- BROADBENT, J. An Ancient Lancashire mission:
St.Swithin's Gillmoss. Vol.4,
1934, pp.1125-1132.
- COOKSLEY, C. Liverpool Catholicity: an
outline. Vol.1, 1931, pp.238-
240, 264-267.
- GIBSON, T.E. Catholicity in Liverpool.
Vol.5, 1935, pp.1603-1607,
1645-48, 1674-1677.
- MONULTY Old Catholic Garston.
Vol.9, 1939, pp.247-248.

'Bibliothecaine'

Some readers may remember reading odd (literally) writings from our roving reporter 'Mark', well, the Editor in his wisdom has despatched 'Mark' to the Kilimanjaro area in East Africa to send his reports from that newsworthy continent. The following has now been received on the Brownlow Hill bush-telegraph:-

ON SAFARI

The Comet 4 travelled from London to Nairobi faster than a Billy Clay ramble, which surprised me. After passing through customs I shouldered my badly packed bergans rucksack and suddenly remembered that the boots, socks, breeches and anorak were in a trunk which would take six weeks to travel by sea. This is mentioned only as an excuse for the exclusion here of details on local walking conditions which should be 'interesting' as you may imagine.

A notice in the airport said 'Welcome to Nairobi-Capital of Kenya'. The city is 5,500 ft. above sea level and it is hard to realise that this is 1,000 ft. higher than the summit of Ben Nevis. You don't (cough, splutter, cough) notice the altitude.

All mechanised ramblers should be 'tickled' to read this extract from the East African Automobile handbook....it says.....

"Beware of the rhino which generally weighs about 2 tons and is a very fast runner, reaching speeds of nearly 30 m.p.h. However, it is unable to change direction fast, so if you are charged by rhino it is advisable to drive your vehicle in circles rather than reverse in a straight line."

My mind chuckles at the thought of Walker's coach, packed with ramblers, driving madly round in circles to avoid an angry rhino. The comments of the back seat drivers would make interesting listening as they waved their bob-caps and white flags out of the coach's windows.

The Editor suggested a report on a game reserve and so recently I found myself climbing aboard a safari vehicle to visit the nearest 'park'. We saw giraffes, zebras, wildebeeste (gru), hyenas, ostriches (but they didn't see us of course), warthogs and lions. It was no more exciting than Chester Zoo because the animals are used to vehicles and they seem to be tame (the animals I mean). The lions were sleeping under a tree to rest from the hot afternoon sun and they appeared to be a lazy lot. In the evening the lions go hunting which is mainly done by the females who also actually make the kill, although they are assisted in the tracking of Zebras and other suitable animals by the males.

There were no elephants in this local game reserve but they can be found in the wilder and larger reserves in other parts of Kenya. I hope to be able to tell you about it when I eventually bump into one.

'Mark'

Continued from page 5.....

Having generously offered to show the bus driver the way back to Woodside if he should need our help we settled down with confidence to the journey home. We arrived back in Liverpool about 8-30, still full of enthusiasm (and cold) after a very enjoyable day, well conducted by our brave leader Bernard Manley. Thank you Bernard for a good day out.

Ann J. Kenny.

Part Two (Continued from the last edition of News Letter)

EQUIPMENT FOR THE RAMBLER

by LEN DAVIES

Finally the waterproofs. Watch any rambling party when it starts to rain and marvel at the multiplicity of garments produced, presumably all to do the same job. To keep out the rain there are three possibilities. First there is the plastic raincoat, cheap, light and expendable and suitable for the occasional walker. Second, there are specially designed capes for the enthusiast. These are obtainable in proofed nylon and P.V.C. proofed cotton. It should be borne in mind, however, that unless the nylon model has provisions for tying down it should not be worn on ridge walks or in any place where high winds are likely. The third possibility is an anorak and over-trousers in proofed nylon. These if of reputable make ought to be completely waterproof but will at the same time be completely airproof. So if you perspire there will be some condensation. In spite of this they are probably the best wear in the worst of conditions. Some anoraks and wind-jackets are complete with hoods. Failing them a sou-wester will keep the head dry.

There is only one way that you can guarantee to keep perfectly dry all the time, whatever the weather, and that is to stay home!

Assuming then that we have either the equipment or the intention to get some, a few words on its maintenance might not come amiss and again we will start with the boots.

If you have a good pair of boots (and you should buy the best you can afford) they are worthy of careful treatment. They should be treated occasionally with mineral-based dubbin and moreoften with a wax shoe-polish well brushed in.

A good general plan to follow is to dress the boots before going out, then on returning hold them under running tap and scrub off all the mud. If you have been walking through boggy country this will also help to clean off any salts or acids that may be adhering. Rub over with a dry cloth and apply the dubbin or wax. Next wipe out the inside of the boot - especially the inner leather sole to remove the perspiration which if left can also have a harmful effect on the boots. They can then be left in a warm and airy room but must not be subjected to any form of direct heat.

In time a jacket or anorak may become less shower-proof, but there are on the market some preparations that you can use at home to reproof it. They are all straightforward and full instructions on the method are given, but there is one important point; the garment should be absolutely clean before you start.

Your rucksack with normal use should give you many years of service. However, many rucksacks are damaged by negligence. To obtain the best results and insure long service from your sack, the following points might be borne in mind.

Treat your rucksack gently. Do not drop it on the ground and do not sit on it. It is too expensive to be used as a camp stool. Unless it is empty, never carry it on one sling - two are provided, use them. It is an article made from woven cotton and if you fill it to overloading and use sufficient strength, you can tear it. Finally, do not leave

it in an outside shed with a wet raincoat inside. This will certainly cause the fabric to mould.

You will not walk very far without a map and compass and you must, particularly in hill country, know how to use them. The R.A. book 'Map Reading for the Countrygoer' will help you acquire the necessary skill.

There are many extras that people consider important or find essential to their rambling kit. When there is a possibility of walking after dark you should carry a good torch with a long and powerful beam. It is also a good idea to have some emergency food such as chocolate, dried fruit, glucose tablets, mint cake, dates etc. What you take depends on your taste, the important thing is to have something.

In conclusion, if you have any doubts on your choice of equipment, seek advice from one of the specialist dealers advertising in 'Rucksack'. Many of them publish illustrated catalogues which will help you make up your mind.

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We offer our grateful thanks to the Ramblers' Association for allowing us to re-produce this article, which originally appeared in the autumn edition of 'Rucksack'.

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Across the Miles

We extend our heartiest congratulations and best wishes to Marcia (nee Plummer) and Tony Thompson on their marriage at 12.30 p.m. (9.30 G.M.T) February 19th at the Holy Family Cathedral, Nairobi. Marcia had one small bridesmaid.

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